

Dying Matters Training Event – BGBC, May 2015

End of Life Care – further information, training & support (June 2015)

Burrswood – T: **01892 863637**; www.burrswood.org.uk

End of Life Care: Offers short and long term palliative care within a Christian Hospital.
http://www.burrswood.org.uk/hospital/categories_of_care/palliative_and_end_of_life_care

Carers FIRST in Kent and Medway – T: **0300 303 1555**; www.carersfirst.org.uk

Charity providing information and support for family carers across West Kent and Medway.

Dying Matters – T: **08000 21 44 66**; www.dyingmatters.org

A coalition led by NCPC which aims to help people talk more openly about dying, death and bereavement, and to make plans for the end of life.

Information - <http://www.dyingmatters.org/overview/need-support>

Area of the website for people approaching the end of their life and their carers, relatives & friends.

Leaflets include:

Remember when -Starting the conversation if someone close to you is dying

Thinking of you - What to say if someone you know is dying

Time to talk -Starting end of life care conversations with people affected by dementia

Difficult conversations series - looks at a range of conditions, aimed to help carer to open up conversations about end of life wishes and preferences, in order to enhance quality of life.

End of Life care for All (e EOLC) - [www.e-lfh.org.uk/programmes/end-of-life-care-\(public-access\)](http://www.e-lfh.org.uk/programmes/end-of-life-care-(public-access))

E-learning resource designed to enhance the training and education of those involved in delivering end of life care, suitable for social care workers, administrative / clerical staff and volunteers.

Help the Hospices UK – T: **020 7520 8200**; www.hospiceuk.org

UK charity for hospice care, supporting over 200 hospices in the UK.

Find a Hospice - Searchable online database of hospice care providers.

Hospice in the Weald – T: **01892 820500**; <http://www.hospiceintheweald.org.uk>

Palliative care provider for West Kent and Northern East Sussex

Marie Curie – www.mariecurie.org.uk

Charity offering care and support to people living with terminal illness and their families.

Being there for someone with a terminal illness -

<https://www.mariecurie.org.uk/help/being-there>

Publications include:

Being there for someone with a terminal illness - Practical and emotional support for carers

What to expect at the end of someone's life - Information for family, friends and carers

To order publications call **Marie Curie Support Line** on **T: 0800 090 2309** (M-F, 9-5pm)

Macmillan Cancer Support - www.macmillan.org.uk / www.be.macmillan.org.uk

Charity providing Cancer care and support.

Caring for someone with advanced cancer – includes section on “**End of life**”

<http://www.macmillan.org.uk/Cancerinformation/Ifsomeoneelsehascancer/Advancedcancer/Caringforsomeone.aspx>

Publications include:

Lost for words – how to talk to someone with cancer

Caring for someone with advanced cancer

End of life: a guide

Your life and your choices: plan ahead England and Wales

To order publications call **Macmillan Support Line** on **T: 0808 808 0000** (M-F, 9-8pm)

National Council for Palliative Care – **T: 020 7697 1520**; <http://www.ncpc.org.uk>

Umbrella charity for all those involved in palliative, end of life and hospice care in England, Wales and Northern Ireland, working with to improve end of life care for all.

Care to Learn - <http://www.ncpc.org.uk/care-learn-training-0> - Introductory End of Life Care Training Programme, relevant to all staff caring for people at the end of life.

Free downloads include:

Who Cares? Support for carers of people approaching the end of life (2013)

What to expect when someone important to you is dying (2015)

Planning for your future care (2014) -an easy-to-read introduction to advance care planning

NAPPI UK – **T: 01723 353353**; www.nappiuk.com

End of Life Care (EoLC) Training of Trainer Course: One day course teaching the skills required to deliver in-house Awareness workshops on End of Life Care to support staff to reduce the impact of the challenges associated with end of life.

See http://www.nappiuk.com/end-of-life-care.php#.VE_CkJVyblV

NHS Choices - www.nhs.uk

End of life care – <http://www.nhs.uk/Planners/end-of-life-care/Pages/End-of-life-care.aspx>

Guide for people who are approaching the end of their life, parts of which may be useful for carers.

Social Care Institute for Excellence (SCIE)

End of Life Care - <http://www.scie.org.uk/adults/endoflifecare/index.asp>

A resource for people who work with adults who are approaching the end of life.

Social Care TV has 8 videos eg **End of life care: why talking about death and dying matters.** (10 min)

Skills for Care - www.skillsforcare.org.uk

End of life Care - <http://www.skillsforcare.org.uk/Skills/End-of-life-care/End-of-life-care.aspx>

Resources for those working in adult social care to develop their skills and knowledge in this area.

St Christophers – T: **020 8768 4500**; www.stchristophers.org.uk

Serves 5 south east London boroughs and offers a wide range of education and training.

Public Education – includes Open House Visits and online End of Life Care information.

<http://www.stchristophers.org.uk/public-education>

Together for Short Lives - www.togetherforshortlives.org.uk

Charity for children with life-threatening and life-limiting conditions supporting families, professionals and services, including children's hospices.

Resources include:

Difficult Conversations for Young Adults - designed to help families and professionals approach conversations with young adults about their end of life plans, jointly produced with NCPC.

Together for Families Helpline: 0808 8088 100. (M-F, 10-4pm)