



The Parenting Teenagers Course, starting Thursday 15th June 2017

- Have you teenagers aged 11 to 18?
- Are you finding it challenging? Need some advice?
- Would you enjoy 5 evenings out, including a 3-course meal, with the chance to meet other parents and discuss the joys and challenges of teenage children?

Then this course is for you!

Content

- Keeping the End in Mind
- Meeting our Teenagers' Needs
- Setting Boundaries
- Developing Emotional Health
- Helping Them Make Good Choices

Practical details

- **15 June, 22 June, 29 June, 13 July, 20 July (Thursdays)**
- **7.30- 10 pm (including dinner)**
- 10 places available (carers or single parents welcome)
- Contribution to the course material (£6.50)
- Where: Hans and Coretta Vogelberg
Greenhill
Serpentine Rd
Sevenoaks
TN13 3XP
01732 453103

Drop us a text and book a place: 07771 643976 (Coretta)

More information: <http://themarriagecourses.org/try-parenting/the-parenting-teenagers-course/>